

Seed-Starting Log

Track every sowing from seed packet to harvest



Seed starting is an experiment you repeat each growing season. A simple record shows which seed lots sprout, which setup works, how long each variety takes and what was worth growing — so next year starts from what you learned, not from memory.

HOW TO USE THIS LOG

- Write your own frost dates below before you plan anything.
- Log every sowing on page 2 the day you plant it — memory fades fast.
- Sowing a variety twice? Add the sowing date or a batch code beside its name on every page.
- Count sprouted seedlings to see which seed lots and setups work.
- Follow each variety to the garden and harvest on page 3.
- Use the observation cards on page 4 for varieties you want to study closely.

MY FROST DATES

Look up your last spring and first fall frost dates for the weather station nearest you — NOAA climate data or your state’s Cooperative Extension office lists them. The median (50%) date leaves a 1-in-2 chance of a later frost. For tender plants, use the date with only a 10% chance of another freeze afterward; if your table gives the chance the last freeze has already happened by a date, that is its 90% column. Note the freeze temperature your source uses.

LAST SPRING FROST (MEDIAN)

SPRING: 10% CHANCE OF A LATER FREEZE

FIRST FALL FROST (MEDIAN)

FREEZE TEMP. USED (°F)

SOURCE

If frost dates are not useful where you garden, mark them N/A and use the planting windows in your local Extension guide for the dates below.

WHEN TO START EACH CROP

Use the weeks figure on your seed packet or in your local Extension planting guide, and count from the date it names: weeks before last frost from your last-frost date, weeks before transplanting from your planned planting-out date. This kit does not assume any one region’s calendar.

PLANT + VARIETY	WEEKS BEFORE FROST OR PLANT-OUT (PACKET)	START INDOORS ON	PLANT OUT ON / AFTER

Print on US Letter at 100% / Actual Size. Reprint pages 2–4 as often as you need.

Sowing & Germination Log

One line per sowing — count what comes up

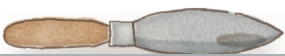


PLANT + VARIETY	SEED SOURCE / LOT	SOWN	# SOWN	SETUP (CONTAINER, MEDIUM, HEAT, LIGHT)	SPROUTED	# UP	NOTES

Germination % = number up ÷ number sown × 100. Low emergence can reflect seed quality or growing conditions: check the packet instructions and your setup before deciding what to change.

Transplant & Results Log

Follow each variety from the tray to the harvest basket



PLANT + VARIETY	POTTED UP	HARDENING OFF BEGAN	PLANTED OUT	BED / SPOT	FIRST HARVEST	RESULTS	GROW AGAIN?

Planted out = the day seedlings went into the garden. "Grow again?" is the line you will read first next spring.

Variety Observation Cards

Two cards per page for varieties you want to watch closely



PLANT	VARIETY	SEED SOURCE + YEAR																		
SOWN (DATE)		SEEDS SOWN																		
CONDITIONS (TEMP, LIGHT HOURS, MEDIUM)																				
GERMINATION — D1 = SOWING DAY; WRITE HOW MANY CAME UP EACH DAY																				
D1	D2	D3	D4	D5	D6	D7	D8	D9	D10	D11	D12	D13	D14	D15	D16	D17	D18	D19	D20	D21
TRANSPLANT NOTES (DATE, SIZE, HOW IT WENT)																				
RESULTS + WHAT I WOULD CHANGE																				

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SOWN (DATE)		SEEDS SOWN																		
CONDITIONS (TEMP, LIGHT HOURS, MEDIUM)																				
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