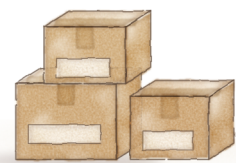


Moving Checklist

8 to 4 weeks before — plan, decide and book



MOVING DATE	FROM	TO

8 WEEKS BEFORE

- ☐ Set the move date and a moving budget.
- ☐ Decide how you will move: DIY truck, portable container or full-service movers.
- ☐ Get at least three written quotes; for interstate moves, check each mover’s USDOT registration with FMCSA.
- ☐ Start a moving folder for quotes, receipts, leases or closing papers.
- ☐ Begin decluttering one room at a time: keep, sell, donate or recycle.

6 WEEKS BEFORE

- ☐ Book movers or reserve a truck and confirm the date in writing.
- ☐ Order boxes, tape, markers and padding.
- ☐ Request school and medical records you will need at the new address.
- ☐ Measure large furniture and the new home’s doorways and rooms.
- ☐ Use up frozen and pantry food you will not move.

4 WEEKS BEFORE

- ☐ Schedule utility shut-off at the old home and start-up at the new one.
- ☐ File your change of address with USPS (online or at a Post Office).
- ☐ Start packing rarely used rooms and seasonal items.
- ☐ Arrange time off work and childcare or pet care for moving day.
- ☐ Reserve elevators or parking if your building requires it.

Interstate moves: movers and brokers must be registered with FMCSA — look up their USDOT number before booking. A binding estimate fixes the total for the services listed; with a non-binding estimate the final bill depends on actual weight and services. Interstate movers must give you the booklet “Your Rights and Responsibilities When You Move.”

MY OWN TASKS

Moving Checklist

3 weeks before to moving day – pack, confirm and go

2-3 WEEKS BEFORE

- ☐ Pack everything except daily essentials; label every box by room and number.
- ☐ Update your address with banks, employer, insurance and subscriptions.
- ☐ Refill prescriptions and arrange transfer to a new pharmacy if needed.
- ☐ Sell or donate items you are not taking.
- ☐ Confirm the mover's arrival window and what they will and will not move.

FINAL WEEK

- ☐ Pack an essentials box and an overnight bag for each person.
- ☐ Defrost and clean the refrigerator if it is moving.
- ☐ Confirm keys, access codes and parking at both homes.
- ☐ Back up computers and photograph electronics wiring.
- ☐ Set aside cash or payment for movers and tips if you plan to tip.

MOVING DAY

- ☐ Walk through with the crew; point out fragile and do-not-load items.
- ☐ Check the inventory or bill of lading before you sign it.
- ☐ Do a final sweep of every room, closet, cabinet and the garage.
- ☐ Photograph the empty home and record meter readings.
- ☐ Lock up and hand over or return keys as agreed.

MY OWN TASKS

[illegible]

After the Move & Address Changes

Settle in and make sure your mail, bills and records follow you



FIRST DAYS IN THE NEW HOME

- ☐ Check every box against your inventory and note any damage right away, with photos.
- ☐ Test smoke and carbon-monoxide alarms; find the water shutoff and breaker panel.
- ☐ Change or rekey exterior locks if you are the new owner.
- ☐ Update your driver's license, vehicle registration and voter registration — check your state's deadlines.
- ☐ Notify the IRS of your new address (Form 8822, or use it on your next return).
- ☐ Register children at school and find new doctors, a dentist and a veterinarian.

WHO NEEDS YOUR NEW ADDRESS

GOVERNMENT

- ☐ USPS change of address _____
 - ☐ IRS (Form 8822 or next return) _____
 - ☐ Driver's license + vehicle registration _____
 - ☐ Voter registration _____
 - ☐ Social Security / benefits (if you receive them) _____

WORK + HEALTH

- ☐ Employer / payroll _____
 - ☐ Doctors + dentist _____
 - ☐ Pharmacy _____
 - ☐ Veterinarian _____

MONEY + INSURANCE

- ☐ Banks + credit cards _____
 - ☐ Loans + mortgage _____
 - ☐ Auto insurance _____
 - ☐ Renters / homeowners insurance _____
 - ☐ Health + life insurance _____

HOME + LIFE

- ☐ Subscriptions + deliveries _____
 - ☐ Online shopping accounts _____
 - ☐ Schools + activities _____
 - ☐ Friends + family _____

OTHERS TO NOTIFY

Moving-Day Plan

Keep the key details and the essentials box in one place



KEY DETAILS

MOVER / TRUCK COMPANY

PHONE

CONFIRMATION #

ARRIVAL WINDOW

NEW ADDRESS

KEYS / ACCESS AT THE NEW HOME

ELEVATOR / PARKING RESERVED?

MOVING-DAY TIMELINE

TIME	WHAT HAPPENS	WHO

ESSENTIALS BOX — PACK LAST, OPEN FIRST

☐ Phone chargers

☐ Medications

☐ Toilet paper + soap

☐ Towels

☐ Bedding for night one

☐ Snacks + water

☐ Paper plates + cups

☐ Basic tools + box cutter

☐ Flashlight

☐ Important documents

☐ Change of clothes

☐ Pet food + bowls

ALSO PACK