

A Letter for Your First Birthday

Write a memory, hope or story for the birthday child



DEAR

TO OPEN ON

WITH LOVE FROM

DATE

First Birthday Snapshot

Capture the little things that feel ordinary now and precious later



CHILD'S NAME

BIRTHDAY / DATE

FAVORITE FOOD

FAVORITE TOY

A WORD OR SOUND YOU OFTEN MADE

SOMETHING THAT MADE YOU LAUGH

A ROUTINE WE WANT TO REMEMBER

OUR FAVORITE MEMORY FROM YOUR FIRST YEAR

Add one labeled photo to the capsule and write the names and date on the back.

Seal, Store & Open

A simple plan for keeping the time capsule safe and meaningful



1 CHOOSE

Include signed letters, labeled photo copies and clean, dry keepsakes. Keep irreplaceable originals somewhere safer.

2 PROTECT

Place paper in archival sleeves or envelopes. Back up digital photos separately; a printed QR code alone is not a backup.

3 STORE

Use a dry, temperature-stable place. Tell a trusted adult where the capsule is kept.

4 OPEN

Choose a future birthday, record the opening year clearly, and update the location if the family moves.

Safety note: keep choking hazards, food, liquids, batteries and sensitive identity documents out of a child's time capsule.

OPEN ON / IN THE YEAR

STORED AT

TRUSTED ADULT WHO ALSO KNOWS THE LOCATION

WHAT WE ARE PUTTING INSIDE

Time Capsule Labels

Cut on the dashed lines. Tape the big label to the box and one small label to each envelope

Time Capsule

PLEASE DO NOT OPEN UNTIL THE DATE BELOW

FOR

SEALED ON

OPEN ON (DATE OR BIRTHDAY)

OPEN IN THE YEAR

TRUSTED ADULT WHO KNOWS WHERE THIS IS KEPT

ENVELOPE LABEL

INSIDE

FROM

OPEN ON

ENVELOPE LABEL

INSIDE

FROM

OPEN ON

ENVELOPE LABEL

INSIDE

FROM

OPEN ON

ENVELOPE LABEL

INSIDE

FROM

OPEN ON